



Balm—'Citronella Balm'

Melissa officinalis

Fresh leaves burst of lemon when squeezed. Tea made from the dried leaves is our favourite anytime tea as it both stimulates the heart and calms the nerves. Fresh chopped leaves are also interesting in salads, soups and stews. Proven effective against herpes. CITRONELLA is the most fragrant variety available. Uniform, compact, erect form, 25-30cm/10-12in high with medium-large to large leaves. Mildew resistant. Zones 5-9