

Country Garden Greenhouse

Dragon's Head—Moldavian Mint

Features

Dracocephalum moldavicum, also called Moldavian Mint or Moldavian Dragonhead. Lamiaceae family. Native from Eastern Europe to Siberia. To 60cm tall. The leaves are used in place of Lemon Balm (*Melissa officinalis*) and are a fantastic replacement. Moldavian Mint makes a very fine herbal tea useful for colds and flu. Flowers are a striking purple colour.



A very aromatic, beautiful annual medicinal and spice plant with a wonderful citrus aroma. The flowers and leaves, fresh and dried, are very suitable for preparing a fresh herbal tea, lemonade or iced tea. This plant can also be used as a spice for desserts, salads and fish dishes. As it is said to have digestive and liver stimulating properties, it is also suitable for the preparation of herbal liqueurs.

In addition, the Moldavian dragonhead is a beautiful, very nectar-rich flowering plant that enriches every flower bed. The blue-violet and sometimes white blossoms look like a dragon's mouth about to spit fire immediately. They are constantly visited by bees and other insects.