

Country Garden Greenhouse

Feverfew



charming short bushy daisy like perennial with a wide history of traditional use dating back to ancient times, recorded in literature and prescribed by Dioscorides for "all hot inflammations". Its name stems from the Latin word "febrifugia", meaning "fever reducer" and primarily used as such; gaining its recognition as the aspirin of the 18th century! Its wide spectrum of

phytochemicals give it an array of medicinal applications that go well beyond fever, as it has also been noted for its potential as a prophylactic treatment for migraines, possibly due to its antispasmodic effects on vasculature and blocking of certain Inflammatory mediators. Additionally researched for its, anti-arthritic, anticancer and antiplatelet properties. Keynote compound present is parthenolide (0.4%) which attributes to its anti-inflammatory and anticancer effects. Thrives in average-rich soil in full sun. Sensitive to drought so much be kept moist. Height 1ft.