

Marilyn's Salad -Mint -Mentha 'Marilyn's Salad'



This is a completely different mint with a completely different role in the kitchen -- as a fresh salad green! The young leaves are tender and the flavour is mild, sweet and delicate, not at all like other stronger mints that can easily overpower. Quite the sensation in salads! Just pick the leaves, strip them from the stems, and throw them liberally into your salad mix. For tender foliage, grow this mint in partial shade and cut often to keep the young leaves coming.

Perennial (hardy in zones 6-11)