

# *Organic Nighty Night -Fair Trade*



Peaceful, soft and sleepy.

Passionflower. We love it both for its wildly intense beauty and for its ability to calm and soothe your nervous system and help relieve

occasional sleeplessness.\* When the Spanish missionaries chanced upon it they saw the perfection of the universe reflected in its anatomical structure. The native people of the Americas used this plant for its ability to promote rest and relaxation—something modern people occasionally need help with too. We've added other relaxing herbs, like chamomile, linden flower and hops, to

create a mellow blend that will help you rest easy.